



AUT SPORTS PERFORMANCE
RESEARCH INSTITUTE NEW ZEALAND



Action Learning Action Research Association

**11th Action Learning Action Research and 15th Participatory Action Research
World Congress**

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Putting Global Collaboration at the Heart of Action Research

PRESENTATION ABSTRACT

Tetteh, ENA (2025) Methodological Issues in Conceptualizing and Reporting Measurable Actions of Action Research Paradigms and Action Learning Modalities

This action learning workshop introduces participants to both theoretical and practical frameworks for conceptualizing and reporting measurable actions in the paradigms of action research (AR)/community-based participatory research (CBPR)/and participatory action research (PAR). With AR/CBPR/PAR modalities as the focal context, given its increasing adoption in addressing diverse human, institutional, and community-based needs, the session critically examines how measurable tensions between institutional expectations and community-grounded epistemologies shape outcomes. Anchored in a forthcoming chapter article, the workshop problematizes traditional assumptions about scientific rigor and research quality within action research paradigms.

Participants will engage with the concept of “Conceptualization of Measurable Actions” through models that emphasize methodological directionality, positionality within AR/CBPR cycles, and action validity. Key frameworks include the Action Plan Design Framework, the Creative Analysis of Reflective Thought Processes (CARTP), and the Critical Reflective Action Learning (CRAL) model. These participatory tools support ethically grounded, context-sensitive, and praxis-oriented measurement strategies, aligned with clearly defined Overall Goals, Outcome Objectives, Process Objectives, and Critical Action Learning and Data-Gathering Activities.

The workshop follows a five-step interactive learning process: (1) scenario-based dilemmas, (2) positionality mapping, (3) co-creation of measurable actions, (4) application of reflective inquiry, and (5) collaborative harvesting. These steps culminate in the development of a CBPR Reporting Matrix and an activity evaluation framework designed to ensure that action plans are both ethically coherent and transformative.

By foregrounding ethical reflexivity, epistemic justice, and collaborative inquiry, the workshop equips researchers, practitioners, and educators with practical tools for navigating methodological challenges. Ultimately, the session aims to co-create action research frameworks that uphold the integrity of both rigorous scholarship and meaningful community transformation.

To be presented: In person in Sydney (Workshop)