Putting Global Collaboration at the Heart of Action Research

PRESENTATION ABSTRACT

Parrish, B (2025) **Development of the "Praxion" Learning Cycle Methodology for Healthy and Sustainable Food Systems Transformation in Indonesia**

This paper contributes to the development of an innovative social learning methodology called "praxion" that combines praxis learning cycles with action learning cycles to contribute to food system transformations through community-based, creative, collaborative knowledge exchange. Prior work has demonstrated that food system transformations require integrating science-based knowledge with place-based knowledge to co-create solutions that are culturally, socially, and environmentally appropriate and effective. Yet methods to achieve this integration on the ground are lacking. This project focuses on developing a comprehensive methodology to empower Indonesian householders and micro and small business owners in the food sector to co-create grassroots solutions for healthier, more sustainable practices that preserve cultural food traditions. To this end, the paper explores the philosophical and theoretical bases underlying praxis learning and action learning to identify areas of compatibility and contradictions between these approaches, which then informs the development of an integrated "praxion" learning methodology to be tested in the context of Indonesian food system transformations..

To be presented: In person in Manila